# TaskTakers Newsletter

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Volunteer. Participate. Stay Connected.

**April 2017** 

#### Who We Serve

TaskTakers coordinates volunteers to help those in the Spring Grove area who meet any of the following criteria:

- · Anyone 65 or older
- Those who have a legally documented, physical disability to prevent them from performing the task
- Persons of any age experiencing a personal hardship

#### **Fundraiser**

With the help of Pat and his crew at Red's IGA, TaskTakers was able to hold a meatball dinner fundraiser serving meatballs, mashed potatoes, gravy, carrots and a dinner roll. The money raised will help support TaskTakers with expenses such as adverting, postage, website, insurance, telephone bill and supplies needed for our Fall Cleanup day.

We would like to thank all those that supported our fundraiser, we sold approximately 250 meals! We live in a great community. Thank you! Also a big thank you to the many volunteers and TaskTaker board members that helped serve this meal.



Picture to the left is our first shift servers.

Joycelyn Rostad-Board Member Laurie Moen-Volunteer Dana Kjome-Volunteer Lisa Catton-Volunteer Kesley Hermanson-Volunteer

#### **Task Examples**

- Transportation

   local transportation in
   Spring Grove or to
   Caledonia, limited
   availability to La Crosse or
   Decorah
- Handyman jobs

   any job around the house that is too small to hire a professional, such as, change a light bulb, simple fixing, caulking and weatherization
- Moving heavy objects or rearranging
- Light cleaning
   non-routine cleaning, for
   example washing cupboard
   doors, washing windows
- **Decorating** holiday décor (indoor or out), hanging pictures, etc.
- Organizing
- Shopping
   volunteers will go to local
   stores with your shopping
   list or are willing to drive
   you to do your own
   shopping
- Yard work
   weeding, planting flowers,
   or trimming bushes
- Companion services play a game, read a newspaper or novel, etc.

### **Mission Statement**

TaskTakers seeks to connect volunteers with community members in need of assistance. By facilitating this connection, TaskTakers strives to enrich the lives of volunteers and support independent living for those they serve.

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### **Attention Volunteers**

There are three options for reporting your volunteer time.

- Call TaskTakers at 498-8275. If no one answers leave a message.
- Visit tasktakers.com and click on the Volunteer Tab. Follow the link for Current Volunteers and fill out the form.
- Send an email to info@tasktakers.com.

No matter which method you use, we need the following information:

- your name
- the requester's name
- the task
- the date you completed the task
- how long it took to complete

Please report your time accurately.

Pick up a TaskTakers magnet at Spring Grove Communications.



# Memory Loss & Dementia Caregivers Support

This free, 6 week course is designed to prepare you for the decisions that you will face if you take on the role of caregiver for your loved one. This is not an option for everyone, but if you are the "chosen" care partner of a loved one who appears to be journeying into Alzheimer's territory, you should equip yourself with as much information as possible in advance. Each week we will explore an area of concern. We will be joined by professionals, where applicable, and discuss resource options. Along the way, members of our group will bond to help create a support group that will carry on beyond the 6 week program to share discoveries and disappointments. Meetings will be on Tuesdays @ 6:30PM at the SG Library from 4/18 to 5/23. Contact, Dawn Johnson 498-5800 with questions.

## Thinking about Volunteering?

Volunteer opportunities are available to fit your schedule. You can help out as little or as much as you are willing and able. Once a week, once a month, once a year: it's up to you! TaskTakers welcomes your local team or group to volunteer too! Many in our community are in need of a helping hand and helping wheels. Requests for transportation are the most popular. Community members are in need of rides to and from doctor appointments in Spring Grove, Caledonia and Decorah and sometimes LaCrosse. Often life is so busy we don't slow down to realize the importance of volunteering. For more information call 507-498-8275.

## **Reminder - Report Your Time**

It is important for our volunteers to report their time after taking care of a task even if the task only takes a few minutes. We want to be certain we are not over using volunteers and it helps us keep track of the time a task may take for future request.

Reporting your time is easy, you can call 498-8275, send an email to info@tasktakers.com or visit our website: tasktakers.com and click on the Volunteer tab. You choose what works for you, it's that simple!

For some people, volunteering is about giving. But for the likes of you, it is a way of living. Thank you!

Call 498-8275 to Volunteer or Request a Task